

Distances are in miles. O & o= big & mini roundabouts, T=T junction, GW=give way, TR & TL mean Turn Right or Left, BR & BL mean Bear Right or Left, SO=Straight On, X=Crossroads

Port-en-Bessin to Herouville Thursday 11th July 35 miles

	This is a very short day so please enjoy visiting the D-Day beaches/Museums along the way. Leave the hotel with the canal on your right. Follow road to the top.
0.2	TL onto D514. Stay on this road through Longues Sur Mer, Tracy sur Mer
6.1	O 2nd exit Arromanches
6.5	BR D514
6.8	BL D514B
7.0	TR uphill
7.5	Mandatory check in Arromanches War Museum car park
8.3	La Guerre, stay on D514 coast road cycle path through Ver-sur-Mer, Courseulles-sur-Mer, Bernierès-sur-Mer, Saint-Aubin-sur-Mer, Lagrune-sur-Mer, Luc-sur-Mer. The coast is on your left. At times there is a separate cycle path along the beach (see green cycle signs). You will pass Gold, Juno and Sword beaches.
20.8	Opposite Rue de Goulet take the cycle path on the left (this will allow you to stay on the path through the forthcoming one way system)
21.8	BL on the cycle path towards the coast (if you're on the road here, dismount and cross the road to take the cycle path)
21.9	TR onto Boulevard Maritime the sea is now on your left
25.0	You are at the Plage Riva-Bella. There are plenty of places to eat here
25.3	Pass the tourist information on your right, take the cycle path on your left when the road bends to the right (to avoid a one-way system)
	The path bears right to go south along the Caen canal. Follow the path alongside the canal all the way to Pegasus bridge.
29.1	Pegasus bridge, time for a drink at Café Gondrée!
	Return to towpath continuing on to the Pont de Colombelles
32.3	Leave the cycle path TR D226 Route de Colombelles – uphill
32.6	(keep left) to stay on D226 – you're going under the bridge in front of you
33.6	Lights TL Avenue du Gen de Gaulle D60
33.9	Lights SO cycle path on right
34.3	TR Bd Henri Becquerel D401
34.5	SO
34.7	O 2nd exit Place de Boston (west side, 1 st exit is east side)
34.8	TL, then immediately TR Hotel Mercure on left 2 Place de Boston, Herouville-Saint-Clair.
	Tomorrow, retrace this route back to the ferry port - 8.6 Miles