

Distances are in miles. O & o= big & mini roundabouts, T=T junction, GW=give way, TR & TL mean Turn Right or Left, BR & BL mean Bear Right or Left, SO=Straight On, X=Crossroads

## St Malo to Rennes      Sunday 7<sup>th</sup> July      50 miles

	<p>After leaving the ferry, and after passport control take a sharp right before the roundabout uphill into a car park. <b>Place your overnight bag in the luggage van and collect your route notes before leaving the port.</b></p> <p>Today's check-in point is when you leave Combourg, after 25.3 miles.</p>
	This is a relatively short day and we are leaving the ferry quite early, so we recommend that riders visit the old town for breakfast, before leaving the city.
	<p>To go to the old town: Exit the port O 4<sup>th</sup> exit Intra Muros (inside the walls). Go over the bridge. BR O 1<sup>st</sup> exit with the wall city on the left. o SO at (0.6). Porte St Vincent is on your left. Take entrance gate named Porte St Vincent and find a café, such as the Café de l'Ouest, but there is quite a bit of choice.</p>
	Zero your mileage at the roundabout at the exit to the Port
	O 2 <sup>nd</sup> exit Toutes Directions
0.3	O SO Toutes Directions
0.6	SO all mini roundabouts and traffic lights
1.7	O SO
2.0	SO 1st exit and immediately O 2nd exit (SO) Rennes
	Continue on the dual carriageway passing McDonalds on the right
2.7	O 3rd exit Chateau Malo & Saint Etienne (Mercedes garage on the right), (Ibis hotel roundabout)
2.9	O SO to Saint-Etienne passing the BMW garage on your left.
3.4	O 2nd exit St-Etienne
	Continue on this road for 0.7 miles
4.2	TL Rue Paul Cezanne towards Chateau-Malo C10
	Head towards the church which you will pass.
4.7	GW TR onto Rue Claude Monet. The road bears round to the left.
5.0	TL by the cross. Leave Chateau-Malo and continue on this road
5.9	X TR
6.4	X SO towards St Pere on D74, taking care crossing the D4
7.3	Enter Saint Pere

7.6	O SO and follow the road through the town.
7.7	TR onto the D275 Rue de Bois Martin
8.5	X SO continuing on the D275 towards St Guinoux
9.5	Enter St Guinoux
9.8	T TR onto the D8
9.9	The road bears round to the left.
10.0	TR after church and continue to follow the road (road name Place de l'Eglise) staying on the D8. Continue on this road which now becomes the D75
12.3	O 2nd exit D75 Le Mont St Michel
12.5	O 2nd exit D75 Plerguer
13.2	Enter Plerguer
13.9	o SO Le Tronchet
14.2	X (GW) SO Le Tronchet
15.0	Continue on the D75 Le Tronchet
16.5	Enter Le Tronchet and continue on the D75, O SO Bonnemain
17.1	TL D9 Bonnemain
17.9	X TR D75 Lanhelin
19.1	Enter Lanhelin
19.5	TL at the large cross then follow the D73 towards Combourg (sign on the Amstel pub)
24.6	Continue on this road O SO D73 and follow sign towards the church
24.7	At the church TR and follow the road through the town
	<b>The Bar/tabac Le Grand B is the mandatory check in, it is on the right and a cobbled area.</b>
25.0	At the bottom end of the square keep left, signposted Rennes
	You will see a pretty chateau straight ahead
25.1	Follow the road round to your left signposted Hede & Rennes
25.3	TL immediately after the lake and immediately TR D82 Dingé.
28.9	Enter Dingé.
29.1	Go past the church, TL towards Montreuil-sur-Ille - this road turns into D83.
32.9	Enter Montreuil-sur-Ille - beware sleeping policemen!
33.4	Lights SO by rail crossing (cyclists only)
34.0	T TL and over small bridge (parcours de peche)
34.1	SO railway crossing and turn/keep left - uphill
34.8	Unmarked T TR
36.3	GW at St Medard-sur-Ille TL D106 St Germain
37.3	T TR D91 St Germain

37.6	T TR follow D91 to St Germain
39.0	T TR D26 St Germain
39.3	There is a bar on the right, just before the bar turn left at the little brown sign La Gare S.N.C.F (take care on the descent)
39.5	GW BR La Gare S.N.C.F.
40.0	BR D91 St Gregoire over canal
42.3	X SO D91 St Gregoire
46.0	<b>New road layout</b> At D29 junction TR (dual carriageway)
46.3	O 3 <sup>rd</sup> exit St Gregoire
46.6	O 1 <sup>st</sup> exit Centreville D176 Rue de General de Gaulle
47.1	TL – cycle path on right
47.4	Lights SO and continue on this road
47.6	O SO Rennes - use cycle path on right hand side
47.8	O SO using cycle path
48.2	Enter Rennes. SO all roundabouts and traffic lights, on cycle path, past cemetery on left (at 48.7).
49.1	O by river 2nd exit under road on cycle path with river on your left
49.4	Lights by bridge SO Centre Ville and Gare
49.9	Go under bridge (4.1m head room sign)
50.0	Lights TL over bridge immediately TR next lights
50.1	TL before rail bridge over the road. Follow signs for the station (Gare S.N.C.F.) cycle path goes under bridge and brings you out at the front of the station.
	The Hotel Ibis Styles is opposite to the right of the station.