**General notes**

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| Distances are in miles.  O & o= big & mini roundabouts, T=T junction, GW=give way, TR & TL mean Turn Right or Left, BR & BL mean Bear Right or Left, SO=Straight On, X=Crossroads |

**Day 1 – Caen to Evreux**

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|  | At passport control. Leave the ferry port along with the rest of the traffic, making your way to the left hand lane of the two lanes until you get to the traffic lights next to La Broche D’Argent. Turn sharp left just before the lights then immediately go over to the right hand side and into what appears to be the car park of Le Phare hotel. At the end of the short car park turn right onto the road next to the canal. **Zero speedo here**. |
|  | Stay next to canal as road bends away right |
| 2.8 | Stay on towpath to Pegasus Bridge and turn left to cross the bridge |
| 3.0 | At the roundabout straight on to D514 |
| 3.3 | At the roundabout take the 2nd exit D37 to Ranville. Pass straight through Ranville past all lights and turnings. |
| 5.4 | GW. Turn left onto main D513 up first climb of the day |
| 6.2 | TR onto D224 Bavent |
| 7.0 | o 2nd exit straight on |
| 7.2 | o 1st exit onto D224 Robehomme. |
| 7.9 | T. TR onto D95 then at 8.3 left back onto D224 Robehomme |
| 9.4 | Follow main road round right at unmarked fork |
| 12.1 | GW in Goustranville. Turn left onto main D675 Dozule. |
| 13.6 | TR onto D49 Putot-en-Auge. Stay on D49 through Putot and on through Beuvron-en-Auge. (very pretty vilage for a break). |
| 17.1 | **The L'Oree de village bar on the left at the end of the village is a compulsory check point. You MUST stop here to be checked in by support.** |
| 17.7 | TL onto minor D117 Rumesnil |
| 21.2 | At Stop in Rumesnil turn right onto D85 Cambremer |
| 21.4 | Stop. SO over the main D16 staying on D85 Cambremer  You are now on the famous "Route de Cidre" |
| 22.0 | TL onto D85A St Ouen-le-Pin |
| 22.5 | BR uphill staying on D85A St Ouen. Nice view at the top. |
| 23.5 | Cider farm on the right but there is a long way to go today |
| 23.6 | Crossroads. Straight on D85A St Ouen on Route de Cidre |
| 25.9 | At Stop in St Ouen. Left onto D151 La Boissiere. |
| 26.9 | GW. SO over the D59 staying on D151 Manerbe. |
| 27.7 | Bar on left in Le Pre-d'Auge - they will be open today for the ride |
| 28.9 | BR on D151 Lisieux |
| 32.0 | O 2nd exit to go left then 3 more O's straight on Centre Ville onto cobbles |
| 32.5 | Lights SO towards Cathedral. Just past the Hotel de la Place on right there is a large bar on the corner at the end of a pedestrian precinct. There is also a bar between the hotel and the precinct. |
| 32.6 | Carry on along same road which starts to go uphill on cobbles |
| 32.7 | TR into Ave Victor Hugo part way up the hill **before** 1st lights |
| 32.8 | Large complex O with bollards. 1st exit downhill on Blvd St Anne sign Caen, Carmel. |
| 32.9 | O 3rd exit toward Alencon then BR past tourist office |
| 33.1 | o 1st exit under railway bridge |
| 33.2 | Lights TL onto D164 Beuvillers. |
| 33.5 | Lights SO |
| 33.6 | Stay on D164 as it bears left |
| 33.9 | SO under motorway |
| 34.5 | Keep SO where D164 goes off right |
| 34.7 | Turn off right to keep SO along lane where main road bends sharp left (chemin des loges) |
| 35.7 | T TL Cross over river (35.9) up into Glos on C1 |
| 36.1 | GW TR then immediately left into Rue de Courtonne |
| 36.5 | Sharp left bend back on yourself next to Atos building. No entry ahead. |
| 36.7 | Stop TR over railway |
| 38.4 | Stop SO past church. |
| 38.5 | BR on D75 Marolles |
| 39.0 | TL onto D75B Marolles |
| 40.3 | TR on "La Route Neuve" - small brown & white sign on right round the corner. We are on this narrow lane for 5 miles so be aware of other road users and don’t spread across the road in a large bunch. |
| 42.5 | X SO towards Thiberville |
| 43.2 | Stop SO towards Thiberville (small sign) |
| 45.0 | GW BL to merge onto the main road just before entering town. |
| 45.1 | Enter Thiberville. Bars both sides of the road and more to come. |
| 45.2 | Stop TR to pass right next to the church. You pass car parks to your right with more bars and restaurants set back. **You are about halfway in the day so a good time for a decent break.** |
|  | No road number signs at 45.2 but you are now on D138 Bernay |
| 48.8 | Up over the motorway on D138 Bernay |
| 51.7 | O 3rd exit D138 Bernay. |
| 52.6 | o 2nd exit straight on  D138 Autres directions |
| 52.7 | TR. Sign Autres Directions |
| 53.8 | Lights TL into mini one way system around large odd roundabout. |
| 52.9 | Take the 2nd exit from the large roundabout to go right over railway (sign for Beaumesnil & Conches). Road then bends left past the station. |
| 53.0 | O 2nd exit to go left past hypermarket toward Beaumesnil & Conches. |
| 53.3 | TL on right hand bend towards Fontaine L'Abbe. You are now on D24 leaving Bernay alongside the railway. |
| 57.0 | BR at fork with no signs up slight hill to stay on the D24 |
| 58.2 | In Fontaine L'Abbe carry straight on along D24 Serquigny |
| 59.5 | GW. Then o 1st exit SO |
| 59.8 | TL - no entry opposite |
| 59.9 | TR alongside the railway |
| 60.2 | Sharp left bend up over railway |
| 60.3 | BR onto fast main D133 towards Beaumont le Roger |
| 63.2 | O 2nd exit SO into Beaumont |
| 63.6 | o 2nd exit SO. Shops and bars |
| 64.0 | BR onto D123 (sign Romilly 10) (now back on old route) |
| 65.3 | Fork off right towards Grosley-sur-Risle Eglise |
| 66.6 | TL Sign for La Houssaye |
| 67.5 | Under railway viaduct criss-crossing over the river |
| 68.2 | Steep hill up through the trees |
| 69.3 | TR Small green & white sign Vallee de la Risle |
| 69.6 | Pass painted water tower. |
| 69.8 | Turn sharp left onto D35 Romilly (back of signs facing you) |
| 71.3 | Stop SO on D35 Collandres |
| 71.6 | GW SO onto C6 Collandres |
| 71.8 | Stop SO into Collandres |
| 71.9 | TL at blue & white chevrons into Rue des Ferriers towards Le Tilleul-Dame-Agnes (sign behind you on left as you turn). The road goes up over the railway, runs alongside it then bears away left. |
| 73.2 | X TR onto D142 and into Le Tilleul-D-A |
|  | TR at traffic Islands towards Louversey on Rue de Tilleul |
| 74.0 | Sharp left bend by pond towards Louversey |
| 75.2 | In Louversey go SO the first stop |
| 75.3 | Stop TR No sign but this is the D32. |
| 76.5 | O 2nd exit onto C6 Burey |
| 77.2 | Lights SO onto D167 St Elier. Carry on through La Croisille |
| 80.3 | T TL onto main D830 then 200yds later TR onto D129 towards Glissoles. Les Tonnelles bar on the right in Glissolles is a popular near end of ride watering hole avoiding hotel prices. There is another in Bonneville itself and yet another between the 2 hotels in Evreux. |
| 83.7 | Turn off right and follow this road into Le Moussel alongside the railway |
| 85.2 | Stop TR onto Rue Grande (the sign is behind you) |
| 85.3 | TL into Rue Felix Doucerain |
| 85.7 | T. TL (sign Route D'Evreux) You are now on D55 into Evreux  Carry straight on at several sets of lights |
| 87.6 | Pass under a railway tunnel then on through more lights until… |
| 88.0 | Lights TL at the Cadran building onto dual carriageway.  Continuing for the town centre hotels… |
| 88.2 | O 1st exit towards Centre Ville.  Continue SO into town bearing right onto Rue de Verdun still following Centre Ville signs and on through 2 more sets of lights. TL at the cathedral onto Rue de Horloge. |
| 88.7 | TR after the Hotel de Ville (town hall), go straight over the crossroads and the Ibis is in front of you on the right hand side. |
|  | For the Hotel de L'Orme turn left just before the Ibis into Rue Bonville Dupuis, go SO the crossroads (bar on left). Take left turn following signs for the hotel which is on the right hand side. The 2 hotels are about 5 mins walk apart with a good bar halfway between them. For the Normandie hotel go just past the Ibis and take the next left into Rue Buzot and the hotel is across the road where Rue Buzot ends at the main road a few yards along All 3 hotels are very close together. |
|  | Ibis Budget 10 Rue Georges Bernard 27000  De L'orme 13 Rue des Lombards 27000  Normandie 37 Rue Edouard Fercy 27000 |

**Day 2 – Evreux to Versailles**

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|  | From the entrance of the Ibis Hotel turn right on Rue Buzot. |
| 0.1 | At the traffic lights TR onto Rue Lepouze.  Continue SO through 2 sets of traffic lights and up the hill. |
| 0.7 | TL at the traffic lights and go over the railway then bear left up a slope (sign Paris). Continue on the major N13 up the hill passing a water tower on the left. As you approach a flyover turn right at the roundabout and left at the 2nd roundabout for Le Coudray D671. |
| 2.4 | BL in Le Coudray towards La Trinite. This road leads to Cracouville. |
| 4.5 | In Cracouville continue on D671 to La Trinite |
| 5.6 | SO after the stop then left onto the C41 towards Le Val David |
| 6.3 | In Le Val David turn left to face the war memorial then immediately right. You are now on D67 (although there is no sign to say so initially) go straight across cross roads.  Stay on the D67 through La Houssaye-du-Cormier and onto Le Cormier. |
| 9.2 | In Le Cormier the D67 bends sharp right and on to Boisset. |
| 10.3 | SO the D141 staying on D67 Epieds.  Follow D67 through Epieds, down a long downhill, then into Garennes. |
| 17.3 | In town you get to a stop sign at the D836 |
|  | **The bar on your right Aux Garrennes is an ideal first break stop. STOP ANYWAY to be checked in.** |
|  | TL onto the D836 Bueil, cross the river then TR onto C959 Guainville. |
| 18.3 | At stop sign go SO onto D11510 Guainville and on through Les Berteaux. |
| 19.2 | Bend left over the bridge staying on D11510 |
| 20.0 | TR onto D1152 Gilles then… |
| 20.1 | TL onto D11510 Gilles |
| 21.1 | In Gilles SO |
| 21.3 | Stop TR |
| 21.4 | Then road bends sharp left following D115 Le Mesnil Simon |
| 22.9 | In Le Mesnil TL onto main D928 then… |
| 23.0 | TR onto D115 Tilly |
| 23.3 | TL onto D1158 Tilly |
| 24.9 | TR at T into Tilly |
| 25.0 | Stop TL into Grand Rue |
| 25.1 | TR after church onto D115 Boissets |
| 26.7 | SO roundabout then… |
| 27.0 | TR on D115 to Gressey |
| 29.0 | TL then immediately TR onto D112 Richebourg |
| 30.6 | TL onto the main D983 then… |
| 30.8 | TR onto D45 which you follow through Tacoignieres (32.1) to Orgerus |
| 33.8 | In Orgerus TR at T (food – boulangeries) |
| 34.2 | Take the 2nd exit at roundabout on D42 Garancieres. Go through Behoust. |
| 36.9 | In Garancieres go round a sharp left bend |
| 37.2 | O SO on D42 Boissy-sans-Avoir. Pass through Boissy. |
| 40.2 | O SO onto D42 Vicq |
| 40.8 | As you enter Vicq TL – easily missed (green post box on left, pedestrian crossing sign on right) |
| 40.9 | TL again into Rue du Radet |
| 41.0 | TL at the triangular island junction with no signs |
| 42.1 | SO (sign Saulx-Marchais) then… |
| 42.2 | BL into Rue de La Tuilerie - bumpy road |
| 42.6 | Stop SO, and on over the D11 (42.9) (sign Beynes 3) |
| 44.6 | TR in Beynes as the main D119 merges from the left with no give way on either road |
|  | **It is recommended that you find somewhere to eat in Beynes as our usual stop at the airport is closed this year.** The Brasserie du Chateau in the main street is open and another one (possibly a Japanese restaurant) which is a few yards beyond the point where we turn up the hill should be open. On the corner as you turn up the hill there is a small commercial centre on your right. There is a pizza place in there which may be open but we were unable to check this.  Stay on D119 as it twists through Beynes (don’t turn off left!) |
| 45.2 | Just after leaving Beynes turn left off dual carriageway onto D119 Thiverval & Plaisir. Follow this bendy road uphill past the airport and along the top. |
| 46.7 | O SO |
| 47.3 | O SO |
| 48.5 | TL onto D119 Chavenay and continue following the D119 Chavenay |
| 50.0 | Go under the bypass then just after merging with it, TR onto D74 to Chavenay |
| 50.8 | o 2nd right into Rue des Clayes. The road then bends sharp left just after the bar (51) (don’t go straight on here!). |
| 51.2 | At the end of the village fork right onto D97 Villepreux |
| 51.4 | o SO |
| 52.4 | O SO (sign Vieuxpreux). Follow this twisty road through Villepreux (sign Rennemoulin & Noisy-le-Roi) then… |
| 53.2 | TR at roundabout uphill on the D12 Versailles |
| 54.5 | O 2nd exit to go left on main D11 Versailles |
|  | Stay on this road through many lights and on under the motorway bridge (56) |
|  | Continue on the D11 through many lights and junctions through St. Cyr L’Ecole until you come up to a set of lights at the even more major D10.  **(If you do not want to go to Versailles park turn right here and follow the directions to the hotel)** |
| 57.0 | There are 2 lanes here and you must be in the left hand one or you will be forced right so you need to be in the middle of the traffic – yuk |
| 57.2 | A cycle track begins alongside this busy road – get up onto it. After a long straight section you come to a slip road just before a traffic light junction (58.7) on a gradual right hand bend. |
| 58.7 | There is a sign for Parc & Matelots here which shows you have to take the slip road off right then turn left to cross the dual carriageway at lights and into the Palace grounds. The small gate should be open even if the large ones are not. There is a pay booth just inside the grounds – bikes are free.  SO down until you get to a car park at the ornamental lake. Go through the gates to your right, round the end of the lake (view of Palace up to right), through the gates on the other side and you are next to a café which is the finish. (59). |

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|  | To get to the Campanile Hotel, Saint Quentin en Yvelines, 2 Place Georges Pompidou, 78180… |
| 0.0 | Retrace your steps back to the Matelot gate |
| 0.5 | TR and stay on cycle path back to the D11 |
| 1.9 | Get onto the road and Continue along D10 (there is a cycle path on the side of the road), through St. Cyr L'Ecole, slightly uphill. Continue over a railway bridge. |
| 2.7 | Before the next railway bridge look to cross over the D10 and join the cycle path on the left side when it starts. Follow the cycle path. |
| 3.8 | When you get to the railway station on your left take the right hand cycle path and follow it round to the right then left and up the slip road. At the top SO the dual carriageway using the pedestrian crossing onto another cycle path. TL on the bridge, O SO under the arches and continue forwards, the hotel is past the theatre on your right (4.2).  For the velodrome turn right after the pedestrian crossing and follow cycle path to roundabout with large blue arch. Turn first left from cycle path into hotel car park, the velodrome can be reached round the back. (0.5) |
|  | **Departure 08:00 tomorrow** |

**Day 3 Versailles to Rouen**

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|  | Leave hotel round 1-way system and under glass arches and up slope to roundabout and follow cycle path to roundabout with blue arch. |
| 0.5 | Join road round roundabout and take 1st exit Bois D'arcy/Versailles. |
| 0.8 | At traffic lights TL D127 Bois D'arcy |
| 1.2 | Traffic lights SO |
| 1.4 | Traffic lights SO Fonteray Le Fleury |
| 1.5 & 1.6 | Traffic lights SO |
| 1.8 | Traffic lights SO cycle path (use cycle path over railway and downhill) |
| 2.2 | Traffic lights SO |
| 2.3 | O 2nd exit D11 |
| 3.1 | O 1st exit Villepreux village |
| 4.4 | O 2nd exit D161 villepreux village follow red road through village |
| 5.2 | O 2nd exit D97 Chaveney, follow road |
| 6.1 | O SO |
| 6.4 | Stop turn sharp right uphill, St Nome la Breteche D70E (on wall of house) |
| 7.3 | O D307 Feucheroles get on cycle path on right of road |
| 8.8 | Traffic lights, continue on cycle path |
| 9.1 | Traffic lights TR Feucheroles, stay on road through village past church on left and uphill. |
| 10.2 | O SO |
| 10.7 | O take 3rd exit signposted Les Alluets Le Roi |
| 11.9 | Bear off left to go SO where road bends right |
| 13.1 & 13.6 | Stop SO |
| 14.3 | Stop SO towards Ecquevilly |
| 15.9 | Sharp right bend. Long fast downhill with give way at the bottom. Beware |
| 17.5 | **GW. Straight over into Ecquevilly. New road layout, with great care walk across busy road. Then straight on.** |
| 17.6 | T TL at white gates. |
| 17.7 | TR next to purple boulangerie. Pass to the right of the building with a clock on the top then bear round left down to a Stop. |
| 17.9 | Stop TR onto Rue St Antoine |
| 18.3 | T TR continuing down out of town |
| 18.7 | Stop TL onto what is the D43 |
| 18.9 | O 2nd exit straight over, on over motorway & D43 now becomes dual carriageway |
| 19.6 | Lights SO Cycle track begins on right. |
|  | You now carry SO through zillions of lights and O's heading for Meulan on the D43. Pass under the railway at 21. This next section is **very** busy but sadly unavoidable as we cross over the Seine. |
| 22.2 | Road bends left then right through several lights towards Meulan. |
| 22.5 | Lights. Cross the river now on the D14 over the two bridges. |
| 23.0 | Lights. Now in Meulan. SO now on old route from Paris. |
| 23.1 | Lights SO under railway arch. |
| 23.4 | Lights SO still on D14 now towards Seraincourt and Oinville. This road becomes the D913 towards Oinville. |
| 23.8 | O SO towards and through Oinville |
| 26.8 | At the end of the village the café on the left hand side (Le Moncient) is the first official break and check stop of the day. |
|  | **Stop to be checked in by support** |
|  | After the break carry on through Breuil-en-Vexin but beware you non-French readers of the daft and dangerous "Priority a droite" French road rule. A 4x4 shot out from the right as we drove through on the recce. Most French towns have replaced this daft rule with apparently silly stops next to side roads on the main roads in towns and villages but this town has yellow warning signs written in French - beware. |
| 28.5 | SO where D913 goes off left on right hand bend. You are now on D130 to Sailly. (30.5) Stay on D130 where Drocourt goes off left. |
| 31.4 | O 2nd exit on D142 Villers (yes there are 2 D142's - ho hum) |
|  | Stay on the D142 Villers until you climb up to Villeneuve |
| 33.8 | Just after the Villeneuve village turn off left towards Cherence |
| 34.2 & 35.5 | X SO towards Cherence. |
| 35.8 | At this junction keep SO (sign D100 route-des-Cretes). After passing Cherence this road has some spectacular views of the Seine Valley. It is worth pulling in to one of the viewing points on your left for a look. |
| 39.4 | GW TR downhill on the D913 for a short way |
| 39.5 | TL onto C3 (becomes C4) to Gommecourt |
| 40.4 | Stop SO now on D200 Limetez-Villez |
| 42.7 | Stop TR (ignore the no right turn sign which applies to lorries) |
| 43.5 | Stop TL onto D5 Vernon |
| 44.2 | O SO past Monet's garden and on to Vernon. Do not use the cycle track as it goes off route into town. As you enter the town follow the road as it passes a sports field on the left then bends left then right up to a roundabout at 46.7. |
| 46.7 | O The route takes the 2nd exit towards Gisors and Beauvais but… there are a number of places to eat in the main part of Vernon, which is over the river from this roundabout but they are off route. if you take this option come back to this roundabout and turn towards Gisors and Beauvais. |
| 47.2 | Lights TL towards Les Andelys (white sign) |
|  | You are now on the D313 which you follow through Pressagny, Notre Dame-de L'Isle and Port Mort towards Les Andelys. There is a nasty little climb out of Port Mort. |
| 56.5 | O SO - do not turn right onto this main road |
|  | Just the other side of the roundabout turn right towards Bouafles. Follow this road on through Bouafles and Vezillon towards Les Andelys. |
| 58.6 | O TR into Les Andelys. |
| 59.2 | Turn off left to Petit Les Andelys next to sign above shop "Pain Patisserie". Follow the one way system round past the church then follow signs for Val St Martin. |
| 60.6 | TL onto D313 towards Muids along a long flat road near the river |
| 63.9 | Enter Muids which is a long strung out village. When you get to the church there is a bar opposite which has become popular as an afternoon break stop in recent years. They are expecting us. After the church turn right onto D313 towards Ande, Louviers and Rouen. |
| 66 | Just after leaving town take the right fork onto D65 towards Pitres |
| 67.5 | At the complex 5 way junction opposite the long building in Herqueville TR at T then immediately fork off left on D19 to and through Connelles. Carry on through Amfreville along the river |
| 73.2 | Fork left off the D19 just after Le Val Pitan to Pitres, over railway crossing |
| 73.8 | Cross small river bridge into Pitres BR just after the bridge |
| 73.9 | Lights TL onto Rue Bourgerue. The road bears to the right past the school (cyclists only). |
| 74.3 | T TR and follow this road up out of town to another T Junction then TR again |
| 74.8 | O Take 2nd exit over this main road junction onto the D20 YMare. The initial gradual gradient up through the trees gets steeper near the top but it is the last serious climb before Rouen. As you emerge from the trees you will see a water tower some distance ahead. Head for it going straight past all junctions as the road becomes the D95 passing right next to the tower which is on your right. |
| 77.7 | O Stay on D95 Franqueville |
| 81 | O As you enter Franqueville take 3rd exit (sign D94 Belbeuf) |
| 81.7 | O SO along D94 |
| 82.1 | O TR towards Le Mesnil Esnard |
|  | In Le Mesnil Esnard go straight on at all 4 mini roundabouts and along Rue Pasteur and into Bonsecours |
| 83.7 | Main road junction with no entry opposite. TL downhill on steep bendy road with panoramic view of Rouen and the Seine. |
| 85.2 | Lights TL onto D6014 Rouen and down into town. Beware of being forced right at lights at 86. Continue past Mercure and Ibis hotels on your right. |
| 86.4 | TR into Place de la Republique, the Ibis styles is on your left. |
|  | For the Mercure Cathedrale continue up this road and take Rue Saint -Romain on your left. TR into Rue Croix de Fer. |
|  | IBIS STYLES ROUEN CENTRE CATHEDRALE, 9 PLACE DE LA REPUBLIQUE, ROUEN 76000 |
|  | MERCURE CENTRE CATHEDRALE, 7 RUE CROIX DE FER, ROUEN, 76000 |
|  | Tomorrows ride will leave from the front of the Ibis Styles at 8.30am. |

**Day 4 – Rouen to Le Havre**

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|  | Leave the hotel turning right along the river, passing several bridges and traffic lights following signs for Dieppe, Le Havre (N15) |
| 1.5 | Where the road splits three ways we need the middle road which is the D982 for Canteleu and Duclair. Be careful as the road is very wide and busy.  Go straight on under the flyover (middle lane) then just past the Esso garage. |
| 2.4 | TR onto D51 Maromme and… |
| 2.7 | SO at 1st roundabout |
| 3.1 | At next roundabout go straight on under the motorway and stay on the D51 into Maromme |
| 4.8 | Continue SO until junction where you turn right sign SHED (**new road layout, roadworks during recce),** go past the Super U on the left |
| 5.1 | TL at the third set of lights onto D51 Le Houlme (Allianz on right)  Stay on the D51 through Le Houlme (6.5) and on towards Malaunay. |
| 7.1 | Stay on D51 Malaunay at the right hand bend |
| 7.5 | Turn off left onto D124 Fresquiennes (Rue de Fresquiennes) and up your first nasty climb of the day |
| 8.5 & 9.7 | Keep on the D124 Fresquiennes at the junctions |
| 11.3 | In Fresquiennes TR at the church then… |
| 11.4 | Left at roundabout onto D504 Limésy then… |
| 11.5 | TL onto D124 Limésy  Follow D124 Limésy and beware **hairpin bends** at 14.6 and 15.1 on steep downhill |
| 15.1 | SO on D124 Limésy then… |
| 15.3 | TL onto D53 Limésy |
| 17.8 | After another climb follow D53 into Limésy centre (straight on at crossroads) |
| 18.0 | Just after village centre BR on D53 Cideville |
| 18.3 | BL still on D53 Cideville |
| 19.1 & 19.8 | SO D53 Motteville |
| 20.8 | Just after going over the railway go hard right |
| 21.6 | O SO on D20A Flamanville  This road becomes D336 Flamanville then… |
| 22.6 | SO D336 St. Marie-des-Champs |
| 23.2 | Turn sharp right onto the narrow road over the railway  **Beware of getting wheel stuck on crossing!** |
| 23.4 | SO the main N29 into Ectot-les-Baons |
| 23.7 | Take the left fork into Route de Valleville then… |
| 24.0 | TL onto D240 into Ectot-les-Baons (again) |
| 24.3 | O 2nd exit onto Rue de Croix de Baons (left of the church) |
| 24.9 | T TL onto D55 Baons  Follow this road over the motorway and on into Yvetot |
| 27.0 | In Yvetot bear left over the railway |
| 27.1 | Lights SO down one way street  Cross a pedestrian crossing 20 yds from a T junction |
| 27.3 | T TR (not before it) onto main D6015 then immediately left at lights (sign centre ville) |
| 27.6 | At the end of this street BL at the first give way then 10yds later the route goes right at the second give way.  At this junction TR and continue along the main street through the town.  The check in point is opposite the church.  **Plenty of cafes and patisseries for a morning break.**  **STOP HERE so the support crew can check you in.** |
| 27.7 | Lights TR onto D131 Cany-Barville |
| 27.9, 28.1 & 28.2 | Lights SO passing under the railway then… |
| 28.5 | o TL onto D5 Ourville |
| 31.5 | In Hautot-le-Vatois turn off left after the church onto D110 Ecretteville then… |
| 31.7 | TR onto D240 Fauxville-en-Caux |
| 35.7 | As you approach Fauxville go right onto the main D926 |
| 35.9 | TL at the roundabout (Super-U supermarket on corner) onto D149 into Fauxville |
| 36.4 | Stop SO on D149 Yébleron |
| 36.6 | TR onto D228 Hattenville about 200yds past the church  Stay on the D228 which becomes the D28 missing Hattenville then… |
| 40.2 | GW SO onto the D11 Tocqueville |
| 40.9 | TL onto D75 Goderville |
| 42.8 | In St. Maclou TL onto D73 then… |
| 42.9 | TR onto D75 Goderville |
| 44.2 | In Gonfreville TL onto D452 Bréauté  **Beware turning is on a blind right hand bend** |
| 46.4 | In Bréauté the road bends left then… |
| 46.6 | TR onto D52 (sign centre bourg) |
| 46.8 | SO main D910 onto D52 Bornambusc |
| 49.3 | In Manneville TR at the church onto D10 Goderville then… |
| 49.4 | TL onto D252 Ecrainville |
| 50.2 | TL on the brow of a hill onto a tiny lane called Chemin des Hérons |
| 50.4 | T TR onto Chemin des Perdrix |
| 51.8 | Take the second right into Rue du Presbytere which leads on into St. Sauveur d’Emalleville |
| 52.1 | Go right at the give way (church on right)  Follow this bendy road and…  **Organised lunch stop at Le Relais de St Sauveur if you paid for this at check in (€16 euros)** |
| 52.6 | Take 2nd small exit at the roundabout signed Route de Vergetot |
| 53.6 | In Vergetot go right then… |
| 53.7 | TL just past the church (sign Turretot 6) |
| 54.2 | Go straight on at cross roads |
| 54.9 | BR sign Route de Vergetot |
| 55.3 | TR onto D125 Turretot then… |
| 55.5 | TL on sharp right bend (sign Le Remede) |
| 56.7 | T TL (no signs) then a few yards on bear off right downhill |
| 57.7 | Stop TR then… |
| 57.9 | TL onto D79 Mannevillette |
| 58.1 | Follow the road round sharp right passing Chateaux-du-Bec then… |
| 58.3 | TL onto D79 Mannevillette  Stay on D79 Cauville (59.7) then… |
| 59.9 | O SO on the D79 Octeville-sur-Mer |
| 63.2 | O SO onto the minor road (Chemin du Fond des Allées) |
| 64.2 | Stop SO then… |
| 64.7 | T TR, then…  T TR |
| 65.2 | Follow the road to the stop sign and go left (no signs) |
| 65.4 & 65.6 | Go SO at 2 roundabouts (no sign then signed Le Havre Centre) Pass hospital on right and continue straight through traffic lights and then… |
| 66.1 | TR onto Rue Denis Cordonnier (At Auchan traffic lights) |
| 66.5 | TL into Rue Maryse Bastie. (no left turn but cyclists can)! |
| 66.7 | Go left again at stop sign then… |
| 66.8 | TR into rue St Just opposite shop Myna Fleurs |
| 67.1 | O SO towards Dollemard & Ignauval |
| 67.5 | O SO (no signs) |
| 67.8 | Follow the road round left at lights |
| 68.5 | T BL (no sign but downhill) |
| 69.5 | O 2nd exit by the Pharmacie (sign Le Havre Pont de Normandie)  Stay on the main road following Le Havre signs until you come to a roundabout |
| 69.8 | O with the sea opposite TL and follow the seafront road which has an adjoining cycle/footpath |
|  | We have not organised a stop along here but there are lots of bars on the beach if you want to stop for a drink and swim.  Please **lock your bike!** In this location. (Bikes **have** been stolen from here in the past). |
|  | Follow the remaining notes below to get to your hotel…  Continue straight ahead along the cycle path.  Continue past the marina.  Pass the Total garage.  Continue on cycle path bearing right.  At the traffic lights TL onto Rue de Paris (cobbled road).  Lights TR onto Place General de Gaulle, (the river will be on your left).  At the traffic lights look left and you will see the **Mercure**.  As it is a one way system you will need to dismount and walk to the hotel.  Those staying at the **Ibis** continue walking past the Mercure hotel and turn right. Take 1st left and the Ibis is on the right hand side. |

**Day 5 – Le Havre to Caen**

|  |  |
| --- | --- |
|  | All riders make your way to the Mercure from where these notes start. **Please be aware of the many diagonal railway tracks which cross the road in this huge and busy port**. Our route minimises them but they are still there and deadly if you are in a group and not paying attention. |
| 0.0 | Set off in the left lane then take the first left then after the bollards get into the right hand lane |
| 0.1 | Lights TR over the bridge (green sign Car Ferries) |
| 0.2 | Large O with black and yellow buoy. Take the 4th exit (the one after the port entrances). Sign for "Le Docks". |
|  | SO through many lights passing large ENSM building |
| 0.8 | O 1st exit right - sign St Nicholas |
| 0.9 & 1.0 | o 2nd exit SO Quartier St Nicholas |
| 1.3 | O 3rd exit to go left onto Boulevard Amiral Mouchez |
| 1.7 | Lights SO Toutes directions green sign. |
| 2 | Lights TR just past the Total garage. |
| 2.4 | Be careful as you approach a series of lights and railway crossings all together near the 2 tall chimneys. Go left at the last lights from the middle lane onto the dual carriageway - now back on old route. |
| 2.9 | Lights SO |
| 3 | Large O Take the filter lane to go right and ignore the Pont de Normandie straight on sign. |
| 3.6 | Follow flashing lights left or right around huge lock gates. There are more railway tracks here. The 2 roads come together on the other side. |
| 3.9 | You are directed over to a cycle track which begins on the left hand side. |
| 4.5 | O 3rd exit - Pont de Normandie sign. Beware of trucks in this area |
| 6.0 | O 1st exit - Pont de Normandie. Very rough cycle track on right. |
|  | You now go straight on along this long straight road through all lights until you get close to the bridge. Beware of trucks along here. |
| 9.0 | O go off right into the car park rest area called "Aire de la Baie de Seine. **Check in here**. At the far left hand corner of this car park there is a filter out onto the cycle track at the side of the motorway. You pass to the right of the toll booths and onto the bridge. it is over a mile climb to the top. |
| 10.7 | In the middle at the top. Next turn caused chaos last year so beware. |
| 11.6 | As you come down you leave the bridge cycle track at the **second** and last of 2 slip tracks off. This is the last possible exit and has the word "obligatoire" on the sign. Pass to the right of the large development sign, merging with another path.  **Check in with support again here**  Carry on out of the rough car park along the straight road |
| 12.3 | T TR |
| 12.7 | T TL onto Boulevard Judovia |
| 13.0 | O SO (no sign here but road is Rue Alfred Luard) |
| 13.7 | Sharp left bend then over a cobbled bridge at 13.8 |
| 14.0 | TR over another cobbled bridge |
| 14.1 | T TR |
| 14.2 | Just before you cross a bridge (actually a lock gate) there is a wide cobbled walkway off left next to the yacht basin with many bars for a break.  After crossing the bridge turn right next to the water then after a few yards sharp left round a bend. You are now on D513 towards Trouville. |
| 14.6 | As you leave Honfleur there is a cycle track for a while behind a stubby hedge on the right You now stay on the undulating and bendy D513 all the way to Trouville which is your next chance of a break. |
| 23.7 | O’s. In Trouville you come down to sea level and a clutch of roundabouts all together crossing over the river and yacht basin. **There is a bar on your right before the first one**. Cross straight over 2 O's into Deauville (the river is the boundary) staying on D513. |
| 23.8 | O This is the 3rd of the 3 O's. Take 1st exit to turn right past the Ibis hotel on your left, alongside the yacht basin on your right. Follow this road round left onto the sea front and along through lights and O's. There is a cycle track on your right. Eventually you come to a Stop with no entry ahead. |
| 25.6 | Stop TL (no entry ahead). |
| 25.7 | GW TR You are now back on D513 entering Benerville-sur-mer |
| 28.0 | As you leave Benerville the road begins to climb. |
| 29.0 | O In Blonville. 2nd exit D513 Caen & straight on through many lights. |
| 30.1 | O With a T rex on it. 1st exit to carry on along beach. If you think T Rex is a big monster wait till you meet the 430ft one just up the road. |
| 30.3 | o 1st exit bearing right alongside the beach |
| 31.0 | Bear away from the beach on narrow one way street uphill through shops |
| 31.2 | Sharp right bend by church |
| 31.4 | Merge back onto 2 way road continuing up long steep hill |
| 32.4 | Enter Auberville at the top of the hill. Last nasty of the ride done- yippee. |
| 32.7 | O 1st exit D513 Cabourg then at 32.9 O 2nd exit D513 Cabourg. |
| 33.4 | Begin long bendy downhill into Houlgate with panoramic views. |
| 35.3 | O 1st exit into town. Cobbles & speed bumps. |
| 35.5 | Bend left next to beach on D513 Caen. Another bar here. |
| 35.8 | Lights. Over railway and on along the beach. |
| 36.3 | Into another one way system in Dives-sur-mer |
| 36.5 | Bend right - sign Autres Directions. Straight on at lights at 36.7 |
| 37.0 | Lights BR Sign for Cabourg and Caen |
| 37.3 | o 2nd exit to Caen then on past the station |
| 37.5 | o 1st exit sign Caen & car ferry next to Total garage & Lidl |
| 37.6 | o SO staying on D513 and again at 37.8 |
| 37.9 | Lights SO |
| 38.0 | Fork right finally leaving the D513 to join D514 - sign for car ferry |
| 39.6 | Large PMU bar on right |
| 42.0 | o with boat on top. 2nd exit D514 Caen |
| 42.5 | Cycle track on the right hand side. Good for a mile. |
| 43.5 | Get off the cycle track as you enter Sallenelles & road bears left |
| 46.1 | O 1st exit Ouistreham car ferry |
| 46.4 | o Straight on D514 Benouville |
| 46.7 | Over Pegasus Bridge. **Café Gondree on left**. |
|  | TL next to Café Gondree and cycle down the towpath. It crosses a couple of roads and eventually comes through a small car park and onto Avenue de Tourville. |
| 51.5 | Keep SO until the road bends round to the right into a large open area with water and car parks in the middle. The 2 main hotels (Mercure and Ibis) are together at the end of this area on the right. You can find the other hotels using the map provided. |
| 52.5 | You have arrived - well done. There is a large bar across the square.  Mercure & Ibis Centre (Port de Plaisance) 6 Place Courtonne 14018 |
|  | The party starts at 19:30 tonight at The Mercure. |
|  | **Saturday morning…**  Breakfast available from 6am - you need to leave by 7am at the latest.  Follow the towpath all the way to the port in Oustrieham (about 10 miles)  The ferry departs at 08:30 with or without you! |