

Day 1 – St Malo to St Brieuc

	<p>After leaving the ferry and after passport control take a sharp right before the roundabout uphill into a car park. Place your overnight bag in the luggage van (you may have to wait for it to disembark the ferry)</p> <p>Today's check-in point is in Le Guildo at 13.5 miles.</p>
	<p>This is a relatively short day and we are leaving the ferry quite early, so we recommend that riders visit the old town for breakfast before leaving the city.</p>
	<p>To go to the old town:</p> <p>Exit the port to the roundabout and take the 4th exit sign Intra Muros (inside the walls). Go over the bridge. Bear right and take the 1st exit with the walled old town on the left. Go straight over the next mini roundabout (0.6). Porte St Vincent is on your left and enter this gate and find one of the many cafes, such as Café de l'Ouest. Afterwards, return to the roundabout at the entrance to the port.</p>

Mileage	Instructions
	Zero your mileage at the roundabout at the port exit
	At roundabout take 2 nd exit – Toutes Directions
0.3	At roundabout take 4 th exit - Toutes Directions

0.5	Turn right – Dinard – Laboratoire building
0.6	Bear right
1.2	At roundabout – straight over - Toutes Directions
1.4	At traffic lights – turn right – Dinard
1.8	At roundabout – straight over – Dinard
2.1	Bear right onto slip road – D168 Dinard
3.0	Cross the barrage
3.9	At traffic lights – straight on – Dinard
5.5	At roundabout – straight over – D168 Ploubalay
9.2	Enter Ploubalay
9.5	At roundabout take D768 St Brieuc
9.6	At mini roundabout – straight over
9.8	At roundabout – D768 St Brieuc
10.1	At roundabout – D768 St Brieuc
11.4	At roundabout – straight over - - D768 St Brieuc
12.3	At roundabout – 1 st exit – D786 Matignon
13.5	Enter Le Guildo – Compulsory check-in at Le Vieux Chateau hotel.
14.4	Bear left
15.0	At roundabout – straight over – D786 Matignon
17.7	Enter Matignon
18.0	At T Junction turn right, then 1 st left – D786 Autres Directions
18.2	Bear left – D794 – Bars & Cafes possible early lunch stop
18.3	Turn right – D13 St Brieuc
23.2	At traffic lights – straight over
25.9	Turn right – D768 St Brieuc
31.2	At roundabout – 2 nd exit – D768 Rennes/St Brieuc

32.0	At roundabout – stay on D768 St Briec
33.6	At roundabout – 1 st exit – D712 Coetmieux
35.0	Bear right – D712 Coetmieux (cycle route sign)
35.4	Turn right – D712 Andal
35.7	At roundabout – D712 Pommeret
36.3	Turn left – D712 Pommeret
36.9	At junction – turn right – D712
38.9	Continue under bridge (cycle route sign)
39.2	At roundabout – straight over – D712 Yffiniac
39.3	At roundabout – stay on cycle route (blue sign) – St Briec
40.0	Straight over D712 Yffiniac (cycle track on right)
40.4	Enter Yffiniac
40.5	At roundabout – 2 nd exit
40.7	At roundabout – 1 st exit – Languieux
40.8	Bear left towards Languieux, then bear left again
40.9	At traffic lights – turn right – Languieux
41.1	At roundabout – straight over – D712 (cycle sign St Briec)
42.0	Enter Languieux
42.4	At roundabout – 3 rd exit – Rue de la Croix Samson
42.6	At roundabout – straight over – Rue de Bretagne
43.4	Arrive at Campanile hotel – 3 Rue de la Landelle, 22360 Langeux
	To the Ibis Styles: Continue on road
43.5	Roundabout - 1 st exit
43.6	Left at roundabout and 2 nd exit at next roundabout – follow road over the motorway

44.1	Roundabout – 1 st exit D712 St Brieuc
44.5	Roundabout – 2 nd exit Centre Ville. Straight over roundabout by Citroen garage and continue on road 'counting' the traffic lights
45.7	At the 5 th set of lights turn left under the bridge and left at roundabout – Bd. Clemenceau. Get in Left hand lane at the traffic lights
46.0	Turn right Bd. Charner
46.1	Roundabout – turn right – IBIS hotel on right – 51 Rue de la Gare, 22000 St Brieuc

Day 2	St Brieuc to Vannes
	<p>Today's ride starts at the Campanile Hotel. So Ibis Styles riders:</p> <p>Turn right out of the hotel</p> <p>0.1 At roundabout – 1st exit</p> <p>0.3 At roundabout – 2nd exit under bridge then at traffic lights turn immediately right</p> <p>Carry on straight over 4 sets of traffic lights</p> <p>Straight over the next 2 roundabouts (last one 'Renault')</p> <p>At roundabout – 3rd exit – Langeux</p> <p>At roundabout - turn right, and right also at the next roundabout</p> <p>At roundabout – 3rd exit – 'Complex Sportif'</p> <p>The Campanile Hotel is on the left. Zero your mileage.</p>
0.0	At Campanile hotel exit turn left
0.5	At mini roundabout – right – Tregueux
0.8	At roundabout – straight over
0.9	At roundabout – straight over – Tregueux Centre
1.1	At roundabout – sharp left – Rue du Petit Bois
1.5	At T junction – turn right – D10`
1.7	At roundabout – 4 th exit – Toutes Directions
2.0	At roundabout – straight over – D1 Quessoy
2.9	At roundabout – turn right – Pledran

3.4	At roundabout – 2 nd exit no sign
4.3	Enter Pledran
4.5	At roundabout – 1 st exit – Horizon (blue sign)
4.8	At T junction – turn left – D27 (for approx. 7 miles)
4.9	Bear left – St Carreuc
8.0	Enter St Carreuc
12.3	Enter Ploeuc-sur-Lié
12.7	At Stop sign – turn right – cafes here – Compulsory Check-in at La Laetitia Bar
12.8	Turn left – Gausson, then immediately right – D27 Gausson
14.2	Fork right – D81 Uzel
17.3	At T junction – turn left – D81 Uzel
19.4	At Stop sign – turn right, cross busy road, then turn left – Grace Uzel
20.5	Carry straight on – Loudeac cycle route
21.7	At T junction – turn right – Treve (Loudeac cycle route)
22.8	At junction – straight across – C1 (Loudeac cycle route)
23.3	Turn left – Loudeac cycle sign
24.0	Bear right over main road (bridge) – and follow road
24.9	At junction – turn right
25.0	At roundabout – straight over – D700 Loudeac
25.2	At roundabout – 2 nd exit – D700 Loudeac
25.5	At roundabout – straight over – D700 Loudeac
25.7	At roundabout – 2 nd exit – Loudeac Centre Ville
26.3	At roundabout – 2 nd exit – Loudeac Centre Ville
26.6	At roundabout – 4 th exit – Centre Ville (lunch stop)

26.8	Turn left – Rue de Cadelaç
27.0	Bear right by church down cobbled road
27.2	At roundabout – 2 nd exit – Vannes
27.7	At roundabout – 1 st exit – Vannes
28.1	At roundabout – straight over – D41 Vannes
28.3	At roundabout – straight over – D41 Vannes
28.6	At roundabout – 4 th exit – D41 Vannes
28.8	At roundabout – 1 st exit – D41 Rohan (through St Mauden & St Samson)
34.8	Enter Rohan – bars here
35.3	Turn left – D2 Pontivy
35.9	At roundabout – 3 rd exit – D11 Credin
36.6	At roundabout – D180 Credin
38.0	In Credin keep church on right – Moreac
38.1	Bear left – D180 Moreac
39.8	At Stop sign – straight over – D180 Moreac
41.2	At Xroads – straight over – D180 Moreac
43.7	Turn right after bridge – no sign – Hayling marker
46.3	Turn right at T junction (no sign)
46.8	Enter Moreac – bars here
47.2	At church bear right, then bear left
47.3	Turn right – D117 Rue de Couvent, then immediately left – D181 Bignan
47.4	Turn right – Le Marais
47.5	At roundabout – straight over – D181 Toutes Directions
47.7	At roundabout – straight over – D181
48.6	At roundabout – straight over – D181 Rennes
51.0	Enter Bignan
51.3	At roundabout by church – 1 st exit – D1 St Jean
51.4	Bear left on D1

51.5	At 2 nd roundabout – 1 st exit – D1 St Jean and stay on the D1 at the next roundabout
54.4	At roundabout – 2 nd exit – Centre Ville
55.0	Turn right – Colpo – then immediately bear left – Rue du Parc (blue sign in hedge)
55.3	Turn right
55.4	At Stop sign – straight over – Rue de la Resistance
55.6	At T junction – turn right – D778
63.4	Turn left – D778e Vannes
64.0	Turn right – C201 Kerbotin
64.2	Bear left then right
65.6	At T junction – turn left – St Ave
65.9	At T junction – turn left – enter St Ave
66.6	At roundabout – straight over – C6 Codigo (3 mini roundabouts)
66.7	At roundabout – 3 rd exit – D135 St Ave
67.9	At roundabout – 1 st exit – D126 Vannes
68.3	Turn right – Bilaire, then immediately left
68.6	Turn right (no sign)
68.9	Turn right – Toutes Directions
69.2	At Traffic lights – turn left – Avenue President Wilson
69.4	At roundabout – 2 nd exit – Centre Ville
69.6	At traffic lights – turn right- Centre Ville
69.8	At roundabout – straight over – Lorient
70.1	Kyriad Hotel on right (bikes stored in the Best Western – see notes below)
	<p>To the Best Western: Cycle past the Kyriad and turn right into Rue de Rohan and immediately right to the rear of the Best Western, entrance to car park and bike storage on right in building. All bikes stored here. 8 Place de la Liberation, 56000 Vannes</p>

Day 3 Vannes to Rennes

0.0	Carefully cross the road in front of Kyriad hotel and turn left – Kercado
	At traffic lights turn left
0.1	Bear left – Toutes Directions
0.1	At traffic lights – turn right – Rennes
0.2	At roundabout – straight over – Gare SNCF
0.3	At next 2 traffic lights – straight on – Rennes
0.9	At traffic lights by Pub Le Glasgow – turn left – Rennes
1.4	At traffic lights – straight on
1.5	At traffic lights – straight on
1.7	At traffic lights – straight on – Rennes
2.2	Bear left to large roundabout – 2 nd exit – D775 St Nolff
4.4	At roundabout – straight over – D775 Elven
7.0	At roundabout – 4 th exit – D776a Elven
9.3	Enter Elven
10.0	At Stop sign – D766a Centre Ville
10.3	At roundabout – 3 rd exit – by Peugeot garage
10.5	At junction – straight over – turn right at Stop - Plumelec
10.9	At roundabout – straight over
11.2	At roundabout – 1 st exit under bridge – D766 Le Cours (for approx. 7.5 miles)
18.5	Turn left - D151 – Serent
18.9	At roundabout – straight over – recommended coffee stop
19.0	Fork right just past the church – Malestroit
19.2	Turn left – D776a Autres Directions
19.4	At roundabout – 2 nd exit – D776a Ploermel
23.0	Enter Le Roc St Andre

23.3	Compulsory Check-in at Le Pont du Roc bar
23.4	Bear right at Total/Renault – D776a Vannes
24.4	At roundabout – 3 rd exit – D766a La Chappelle-Caro
25.0	Turn left – D766a Montertelot
27.7	Turn right – Ploermel – through bridge, then right and bear left – C139 La Ville Jarno
28.2	Turn left – Breleau
28.6	Bear left (house no.7)
28.7	Turn right – Gourhel – sign Soudure Atypique
28.9	At T junction – turn left – Les Trois Croix
29.1	Cross over main road
29.5	Cross roundabout and bear left
29.6	Enter Ploermel
30.3	At T junction – turn right then 1 st left – possible early lunch stop
30.6	At traffic lights – turn right – Toutes Directions
30.8	At roundabout – 3 rd exit – Toutes Directions
31.0	At roundabout – straight over – Toutes Directions
31.4	At roundabout – 3 rd exit D724 Gourhel (for approx. 12 miles)
35.2	Stay on D724 – Campeneac – bars here
41.5	Enter Beignon – nice coffee stop – stay on D724 (becomes D224)
45.5	Enter Plelan – D224
46.7	At roundabout – straight over – D224 Treffendel
51.1	Turn right – D224 St Thurial
54.3	Enter St Thurial – more bars
57.8	At Stop sign – turn right – D62 Goven
57.9	At Stop sign – turn left – D62 Centre Ville
58.2	At T junction – turn right

58.3	At roundabout – turn right – D36 Bruz
58.7	At roundabout – straight over -D36
61.1	Turn left – D21 Chavagne
62.4	Enter Chavagne
62.5	At roundabout – straight over
62.8	At roundabout – bear left towards church
62.9	At Stop sign – turn right & follow road round to the left
63.3	At roundabout – straight over
63.4	At roundabout – straight over
63.9	At roundabout – 2 nd exit – D21 Moigne
64.4	Turn left – D21 Moigne
66.8	Turn right – Etang D’Apigne
67.5	At T junction – turn left (wooden rugby post in front)
68.7	At roundabout – straight over – Rennes Centre (cycle lane)
69.0	At roundabout – straight over – Centre Ville
69.2	At roundabout – straight over – Centre Ville
69.7	Straight on under railway bridge
69.9	At traffic lights – turn right – Rue Claude Bernard
70.0	At traffic lights – straight on
70.4	After bridge at traffic lights turn left – Bd. Joan Mermoz
71.3	At traffic lights – turn left
71.4	Cross 2 sets of traffic lights – straight on under bridge
71.7	At traffic lights – turn right – Rue de Colombies
72.1	Cross 2 sets of traffic lights – under bridge
72.2	At traffic lights – bear right
72.3	At traffic lights – bear left – Ibis Styles hotel in front – 15 Place de la Gare, 35000 Rennes

Day 4	Rennes to Coutances
	Route starts at rear of Ibis Styles – Avenue Louis Barthou
0.1	At traffic lights – turn right – Rue St Helier
0.3	At traffic lights – turn left – Boulevard Rene Laennec
	Straight over all traffic lights – Toutes Directions
1.3	At traffic lights – straight over – Mont St Michel/Caen
1.5	At traffic lights - turn right
	Straight over all traffic lights – Toutes Directions
3.1	At roundabout – straight over – Betton
4.2	Take slip road D29 to right and turn right at Stop sign
5.4	At roundabout – 4 th exit – D97 Tihouit
7.3	At crossroads – straight over – D97 St Sulpice
7.5	Stay on D97 St Sulpice
10.3	Enter St Sulpice La Foret
10.6	At roundabout – straight over & stay on D97
12.6	Enter Chasne sur Illet
12.8	At roundabout – 1 st exit
13.1	At Stop sign – turn right – Rue de La Foret
13.2	At roundabout – left – D97
14.1	At Stop sign – turn left – D26 Gahard
14.3	Turn right – D97 Gahard 6
15.3	Bear right immediately
18.0	Enter Gahard
18.3	At Stop sign – left, then right – D97 Vieux Vy
20.7	At Stop sign – turn left D794 Vieux Vy
20.9	Turn right – D97 Vieux Vy
22.0	Enter Vieux Vy
22.3	At T junction – turn right

22.4	At roundabout - - 3 rd exit – left past church (Boulangerie here)
24.6	Continue straight on to Romazy D 397
25.5	Enter Romazy
25.7	Turn right at Le Kiludy bar – coffee stop and shop on exit from village. Compulsory Check-in at Total Petrol Station bar
28.9	Enter Tremblay (Boulangerie here)
31.0	At traffic lights – straight over – D296 Cherbourg
34.8	Road bears to left (D40)
35.1	Enter Montanel
39.1	Enter La Croix Avranchin
42.5	Clear view of Mont St Michel to the left
43.5	At roundabout – straight over – D40 Avranches
44.5	At roundabout – 2 nd exit – D976 Flers
45.3	At roundabout – 2 nd exit – D43 St Malo
45.6	Where road bends sharply to right, at Stop sign – turn left - D43/E2 Pontabault
47.2	At roundabout – 1 st exit – D103 Avranches
47.3	At Stop sign – turn left – D103 Avranches
47.4	Pass under bridge and left at roundabout – D7 Avranches
47.8	At roundabout – straight over – D7 Avranches (cycle track on right)
48.9	Enter Avranches – good lunch stop
49.7	At roundabout with monument – turn left – D7 Granville
49.8	Almost immediately at mini roundabout – 1 st exit – Rue de la Constitution sign Centre Ville (Tourist Info sign)
50.2	At roundabout – 3 rd exit – Rue du General de Gaulle – Hotel de Ville (cafes here)
50.3	Road bears right (Carrefour)
50.4	At roundabout – 2 nd exit – D7

50.7	At roundabout – straight over – D7
51.0	At roundabout – straight over
51.5	At dual mini roundabout – fork left – D7 Coutances
51.7	Enter Ponts
51.8	At roundabout – straight over – D7 Coutances
52.2	At roundabout – straight over
58.8	Enter La Planche
59.1	Enter La Haye Pesnel (Bars)
59.2	Straight over – Rue de la Liberation
59.7	Turn left – D35 Brehal – over level crossing
61.3	Enter Folligny
62.1	Under bridge
62.3	Enter Le Repas & carry straight on at Stop sign – more bars
64.6	Enter Le Loreur
67.7	Enter Cerences
67.9	At Stop sign – bear right – D13 Lengronne
68.2	Turn left just past church – Quettreville
68.3	At Stop sign – turn right
71.7	At Stop sign – straight over – D235 Contrieres
72.4	Straight on up hill (red road surface)
74.3	At Stop sign – straight over – D235 Coutances 6
75.9	At Xroads – straight over
76.2	At Stop sign – turn left – D7 Coutances
77.2	At roundabouts – straight over – Centre Ville
77.5	At traffic lights – for the Cositel Hotel turn left – D44 St Malo. See below for directions to the Ibis Hotel

78.8	<p>Arrive at Cositel Hotel on the left. 29 Rue de St Malo, 50200 Coutances.</p> <p>Reminder if you want to eat in Coutances there is a 20 min walk to the town centre from the hotel where there are some excellent restaurants and the town is very pretty. You could eat in the town on arrival and proceed to the Hotel or walk back later as you prefer</p>
77.5	<p>To the Ibis Budget Hotel:</p> <p>At traffic lights – carry straight on</p>
77.8	Straight over – D971/E3
77.9	Fork right – D972/E3
78.2	At roundabout – 3 rd exit
78.4	At roundabout – 1 st exit – Rue de la Mare – D341
79.0	Pass under main road
79.1	At roundabout – 3 rd exit
79.2	Ibis Budget hotel facing you. 4 Allee du Chateau de la Mare, 50200 Coutances

For those at the Cositel please get to the Ibis for 9.15am in the morning for the final day departure

Day 5	Coutances to Cherbourg
	<p>Today's ride starts from the Ibis Budget hotel. So Cositel riders:</p> <p>Turn right out of the hotel and go down the hill to the traffic lights</p> <p>0.7 Turn left at the lights</p> <p>1.0 Straight over – D971/E3</p> <p>1.1 Fork right – D972/E3</p> <p>1.7 At roundabout – 3rd exit</p> <p>1.9 At roundabout – 1st exit – Rue de la Mare – D341</p> <p>2.6 Pass under main road</p> <p>2.8 At roundabout – 3rd exit</p> <p>2.9 Ibis Budget Hotel is facing you. 4 Allee du Chateau de la Mare, 50200 Coutances. Zero your mileage.</p>
	Left out of car park & turn right
0.1	At roundabout – 1 st exit
0.2	Turn right – Granville
0.5	At roundabout – 2 nd exit – D971 Granville
1.6	Take slip road on right – D2 Cherbourg
1.7	Turn left – D2 Cherbourg
2.6	At roundabout – 2 nd exit – D2 Cherbourg
3.2	Enter Le Pelley
6.1	Enter Montsurvent
6.8	At roundabout – 2 nd exit – D2 Cherbourg

13.0	At roundabout – 2 nd exit – enter Lessay – D900 Cherbourg
13.5	At roundabout – 2 nd exit – D900 Cherbourg – coffee stop
14.2	At roundabout – 2 nd exit – D900 Valognes
16.3	At roundabout – 2 nd exit – D900 La Haye du Valognes
17.8	At roundabout – 2 nd exit – D900 Carentan
18.0	Enter La Haye du Puits – good coffee stop. Compulsory Check-in at Le Jaminska PMU
18.7	At roundabout – 2 nd exit – D903 Portbail
19.3	At roundabout – straight over – Portbail
19.4	At roundabout – 2 nd exit – D903 Portbail
20.1	Enter Bolleville
20.2	Turn right – D127 St Nicolas
21.8	Enter St Nicolasde Pierpoint
23.0	Enter St Sauveur du Pierrepoint & bear right
24.3	Bear right and stay on D127
25.3	At Stop sign – straight over – D127 Besneville
25.6	Enter Besneville & bear right at church - Bricquebec
27.0	At Stop sign – straight over – D127 Bricquebec
28.4	Road bears to the left
29.9	At roundabout – straight over – D127 Bricquebec
32.2	At Stop sign – turn right – D50 Bricquebec
33.2	Enter Bricquebec
33.4	At Stop sign – turn right – D902 Valognes
	Carry on D902 with castle ahead – lunch stop
34.1	At roundabout – straight over – D902 Valognes
34.3	At petrol station turn left – D50 Brix
36.8	Enter Rocheville – stay on D50
38.6	At roundabout – 2 nd exit – D50 Brix
40.0	Enter Brix (Bars)

40.2	Road bears down to left
41.5	At roundabout – turn left – D56 St Martin
42.0	Turn right – D152 Tollevast
42.9	Bear left – D152 Tollvast
43.1	Enter Tollevast
43.3	At Stop sign – turn left in front of Mairie – D152 Hardinvast
44.5	At T junction – turn left – D152 Hardinvast
44.9	Bear left up hill
45.4	Turn right – D900 Cherbourg
46.3	Enter Martinvast
47.2	At roundabout – 2 nd exit – D650 Cherbourg
47.6	At roundabout – fork right – D900 Car Ferry
49.3	Enter La Glacerie
50.0	Enter Cherbourg
50.1	At traffic lights – turn left – Cherbourg
50.2	At next 2 sets of traffic lights – straight on
50.4	At traffic lights - turn left – Centre Ville
50.5	Take 2 nd right – Centre Ville
50.7	Pass – ‘Les Eleis’ shopping centre on right and arrive at Mercure Hotel. 13 Quai de l’Entrepot, 50100 Cherbourg.
	If you cross the pedestrian bridge by the hotel, turn right and then left, you will find the Place du General de Gaulle where there are numerous bars to celebrate a successful ride.