

Paris to Hayling 45 mile practice ride to Oving
Lunch stop is The Gribble Inn

mileage	directions
	Leave the Ship and proceed up the Hayling Billy trail.
	At the car park bear left up the hill and turn right on the road towards Emsworth
1.4	Turn left at the traffic lights by the One Stop
2.3	Turn left at the bend in the road up Eastleigh Road
2.9	Turn right at the T junction
3.0	Turn right and immediately left onto Emsworth Common Road
4.3	Turn second left signposted Forestside and Stanstead Park
6.7	Turn left
	Be careful on the downhill as the road surface isn't great
7.9	Take the right hand turn on the bend signposted Finchdean
	Proceed under the railway bridge and through Finchdean, under another railway bridge and just after the church up on the side of the hill of your right
9.3	Turn right signposted Compton and South Harting
	Climb this undulating road and after the fast downhill
11.5	Turn right at the T junction opposite Littlegreen School
	Follow this road through Compton and West Marden
	After passing the turn off to Walderton at 15.3 about half a mile further on
16.1	Turn left up a short hill
17.4	Turn left at the T junction
	Go through Funtingdon
17.8	Turn left past Lynch Farm House
19.2	Turn left at the T junction sign to West Stoke and Lavant
21.2	Turn right at the junction in Lavant (opposite the church)
	Go over the old railway bridge and turn left down the one way road and at the junction turn left over the river.
	Turn right down Fordwater Road and follow this road which bears left past the Goodwood aerodrome. Go straight over the roundabout.
23.6	Turn left signpost to Sculptures
	Cycle past the Country Club entrance
24.1	Take the second turn on the right towards Halneker
25.1	At the junction with the A285 go straight across and bear right down The Street
25.7	Follow this road but turn right into the old road (do not follow it round to the roundabout
	At the end of the road turn right and over the pedestrian bridge
	Once over the bridge head west and past the filling station and
26.0	Take the next turn on the left Tangmere Road

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	Follow the road until you get to the entrance to the Tangmere Aviation Museum. Go through the gate to the right and follow the path to the right and bear right onto the obvious track across the field. This track bears left then comes out at a gateway by a tarmac road.
27.2	Turn right and follow the road that eventually bends left and approaches the Gribble Inn from behind
27.6	This is our lunch stop for the day
	After lunch turn left out of the pub and at the top of the road turn right
	At the next junction turn left over the railway crossing
28.9	At the roundabout take the first exit, left turn
29.0	Turn right into Marsh Lane sign South Coast Cycle Route
30.3	Turn right
30.5	Go straight across the roundabout by The Walnut Tree Pub
31.4	Take the 1st exit at the next roundabout
32.9	Follow the road through Hunston and beyond until you turn right up Green Lane signpost Birdham
33.2	Bear right at the junction with the main Selsey Road
33.4	Bear left back off the main road down Wophams Lane
33.9	At the next junction turn right and follow the main road for a mile
34.9	Turn left at Dell Quay Road
	Take the next turn to the right signposted Bosham, Fishbourne and keep on this road until you get to the junction with the A259
36.3	Turn left onto the A259
	Follow the road all the way back through Fishbourne, Bosham, Nutbourne, Southbourne and Emsworth.
	After Emsworth turn right under the tunnel
	Turn right into Havant
	Turn left at the museum and down the Billy Track to The Ship (45)