

Paris to Hayling 50 mile practice ride to Selborne
Lunch stop is The Queens Inn

	After lunch go back on the same road
26.4	At the roundabout on the A3 there is a cycle track with a blue sign
	This path takes you all the way along the A3
	Follow the track - you will cross over at some point to the left but the track takes you all the way to Petersfield
30.6	Turn left at the roundabout
30.7	Turn right into Pulens lane towards Uppark and South Harting
31.9	Turn left at the T junction onto the B2146 towards Chichester and South Harting
35.0	Turn right at the T junction towards Compton and Emsworth
	Stay on this road for a number of miles
44.0	Turn right at the T junction then immediately left towards Westbourne
46.0	Carry on through Westbourne and over the mini roundabout towards Denvilles
46.5	Cross the staggered junction right and then left and on over the railway crossing
	Turn right at the T junction towards Havant
	Turn left at the museum and down the Billy Track to The Ship (50)